Yoko Azumaya Biography

Yoko Azumaya was born and raised in Suzuka, Japan — a city best known for its Formula 1 Grand Prix races. She moved to Hiroshima to pursue a Bachelor of Science and later earned a Master's in Physiology. Her curiosity eventually led her across the world to the University of Alberta for a PhD program in Physiology. A few years in, however, Yoko realized she had reached the limit of her love for science. After completing a second Master's degree — this time from the Department of Psychiatry in the Faculty of Medicine — she said farewell to the sciences for good. Craving intellectual challenge, she found her true calling in law.



After graduating from the University of Alberta's Faculty of Law in 2007, Yoko discovered her perfect fit in Family Law — a field that combines continuous learning with a deep focus on people. She is currently a lawyer at Frohlich Rollins Schwab, a boutique firm dedicated exclusively to Family Law.

Volunteering has always been central to Yoko's life — perhaps a product of both her desire to serve and her inability to say no. Her involvement with the Canadian Bar Association began during her articling year, volunteering at "Ask a Lawyer" during Law Day. Since then, she has joined the Law Day Committee nearly every year, including two years as Co-Chair. She served as an executive member of the Junior Lawyers Section in 2008 and has been part of the Family Law Section executive since 2016. Since 2009, she has been a dedicated CBA mentor, and in 2020, she joined the Voice of the Profession Committee – her favourite committee because its purpose is to better our fellow lawyers' lives. In 2023, she was elected to the CBA Alberta Branch Board and has embraced the experience wholeheartedly.

Why I Want to Continue Serving on the CBA Alberta Board of Directors

I would be honoured to continue serving on the CBA Alberta Board of Directors. I feel like I've only just begun to contribute meaningfully. My first year on the Board was a steep learning curve, despite years of volunteer involvement, as I was introduced to the broader scope of the CBA's work and advocacy.

This past year has opened my eyes to the diversity of legal practice in Alberta and the vital role the CBA plays in rapidly evolving policies and in supporting lawyers across all disciplines. It has been a genuinely exciting and energizing experience. I would love the opportunity to continue this work over the next two years and bring my perspective, commitment, and sense of humour to the Board table.

Thank you for considering my application. Your support would mean a great deal.